

Long-Term Care Community of Practice Series

Individuals and their Close Ones as Members of the Team



Host: Jeffrey B. Moat, CM

Presenters: Roslyn M. Compton, Shawn Emard, Marlene Moorman

Date: March 10th, 2022

Territorial Honouring



The Palliative Care ECHO Project

The Palliative Care ECHO Project is a 5-year national initiative to cultivate communities of practice and establish continuous professional development among health care providers across Canada who care for patients with life-limiting illness.

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Thank You

The Palliative Care ECHO Project is supported by a financial contribution from Health Canada. The views expressed herein do not necessarily represent the views of Health Canada.



Introductions

Host

Jeffrey Moat, CM

CEO, Pallium Canada

Presenters

Roslyn M Compton, PhD RN GNC(c)

Is currently an Assistant Professor in the College of Nursing, at the University of Saskatchewan, Saskatoon. Her research always uses a patient-oriented research approach to understand the experience of older adults and their close ones concerning quality of life, interprofessional care, family presence, and care across the continuum.

Shawn Emard, RN, BSN, BSc (Honors)

Patient-oriented Graduate Research Fellow with the BetterLTC team. Shawn is currently completing his MN in policy discourse and family presence policies in long-term care during the COVID-19 pandemic.

Marlene Moorman, Retired RN

Marlene is a retired RN who spent her career in obstetrics and a couple of years in long-term care. In the past few years, Marlene's mother passed away in long-term care and her father is currently living in long-term care. Marlene has a strong desire to support quality of life and family involvement in long-term care and involved in patient-oriented research as a family partner with the BetterLTC team.

Acknowledgements

Our team acknowledges the

- SK LTC Network
- Power of Words in Long-Term Care (Analysis Committee)

For their ongoing support and sharing of experiences that play a critical role in our research and practice.

Disclosure

Relationship with Financial Sponsors:

Pallium Canada

- Not-for-profit
- Funded by Health Canada

Disclosure

This program has received financial support from:

- Health Canada in the form of a contribution program
- Generates funds to support operations and R&D from Pallium Pocketbook sales and course registration Fees

Host/ Presenters

- Jeffrey Moat, CM: CEO, Pallium Canada
- Roslyn M. Compton has no potential conflicts or biases to declare
- Shawn Emard has no potential conflicts or biases to declare
- Marlene Moorman has no potential conflicts or biases to declare

Disclosure

Mitigating Potential Biases:

- The scientific planning committee had complete independent control over the development of course content

Welcome & Reminders

- Please introduce yourself in the chat! Let us know what province you are joining us from and what your role is in the Long-Term Care setting
- Your microphones are muted. There will be time during this session for questions and discussion.
- You are welcome to use the chat function to ask questions, if you have any comments or are having technical difficulties, but also please also feel free to raise your hand!
- This session is being recorded and will be emailed to registrants within the next week.
- Remember not to disclose any Personal Health Information (PHI) during the session
- This 1-credit-per-hour Group Learning program has been certified by the College of Family Physicians of Canada for up to **12 Mainpro+** credits.

Overview of Sessions

Session #	Session Title	Date/ Time
Session 1	Introductory Session	Dec. 9, 2021 from 12-1pm ET
Session 2	The Palliative Approach as Part of the Continuum of Care	Jan. 13, 2022 from 12-1pm ET
Session 3	The Palliative Approach as an Inter-Professional, Team-Based Approach	Feb. 10, 2022 from 12-1pm ET
Session 4	Individuals and their Families as Members of the Team	Mar. 10, 2022 from 12-1pm ET
Session 5	Advance Care Planning	Apr. 14, 2022 from 12:30-1:30pm ET
Session 6	Resources for LTC: Pre and Post Pandemic	May 12, 2022 from 12:30-1:30pm ET
Session 7	Spiritual and Religious Care as Part of the Holistic Approach	Jun. 9, 2022 from 12-1pm ET
Session 8	Supporting New Team Members	Jul. 14, 2022 from 12-1pm ET
Session 9	Honouring Personhood in Dementia Care	Aug. 11, 2022 from 12-1pm ET
Session 10	Diversity and Inclusion in the Long-Term Care Setting	Sep. 8, 2022 from 12-1pm ET
Session 11	Meaningful Measurement to Support Health System Improvements in LTC	Oct. 13, 2022 from 12-1pm ET
Session 12	Mental Health and Resilience During the COVID Pandemic: Part 1	Nov 10, 2022 from 12-1pm ET
Session 13	Mental Health and Resilience During the COVID Pandemic: Part 2	Dec 8, 2022 from 12-1pm ET

Individuals and their Close Ones as Members of the Team



Objectives of this Session

Upon completing the session, participants will be able to:

- Actively involve residents and their families as part of the care team and involve them in decision-making
- Describe the ethical tensions that can occur in the setting of pandemics that result in restrictions on visitations and how to navigate these in a way that addresses residents' needs while also protecting other residents and families.

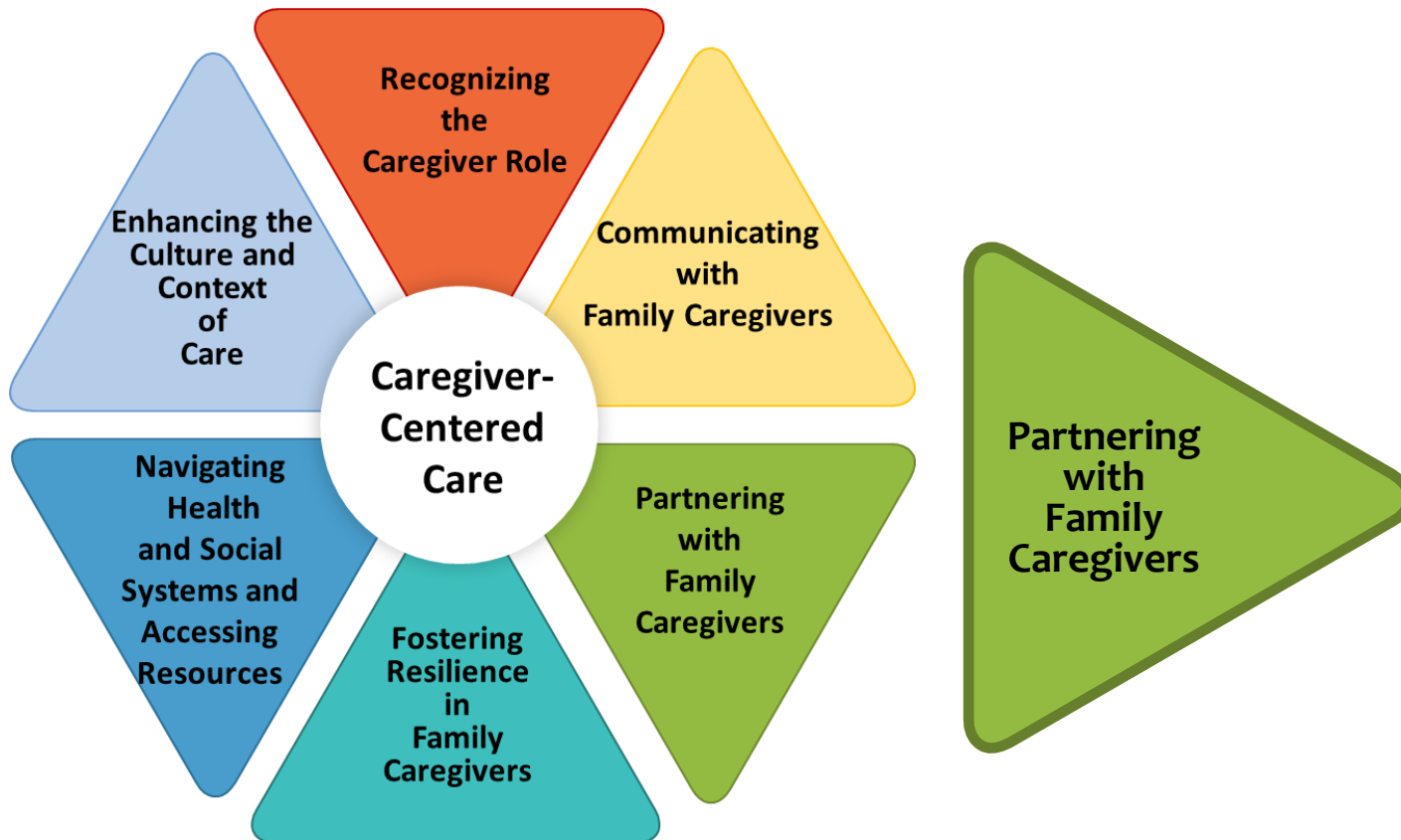


Integration of Caregivers into Care Teams

- Is key to quality of life
- Must be purposeful and meaningful
- Involves open communication, negotiation, and collaboration
- Requires environments that support empowerment




Caregiver Centered Care Competency Framework



Partnering with Family Caregivers Competency Indicators

1. Understands the benefits of including family caregivers on the care team.
2. Establishes collaborative relationships with family caregivers.
3. Includes family caregiver's knowledge of the care recipients in assessments and care planning.
4. Understands conflicts and works to de-escalate conflict.

(Parmar & Anderson, 2019)

 EPISODE 3: **DOMAIN C**

Partnering with Family Caregivers

Health workforce education to support family caregivers

Family Presence in LTC

Based on public health direction or local or regional status of COVID-19 cases it may be necessary to prohibit visitors. A "no visitor" policy should be strongly considered.

(Government of Canada, 2020)

Family Presence in LTC

Similarly, the voices, perspectives, and expertise of older persons in identifying problems and solutions are sometimes not sufficiently incorporated in policy-making, particularly on subjects where older persons are affected by the decisions under consideration.

Harness their knowledge and ensure their free, active, and meaningful participation.

United Nations. (2020)

Family Presence in LTC

It was critical to enact public health measures to control the spread of COVID-19 and to protect those at high risk for serious health outcomes. However, existing health inequities meant that some groups most at risk from COVID-19 were the same populations disproportionately impacted by public health measures.

(Tam, 2020)

Family Presence in LTC

“VISITOR”

Interactive, Case-Based Discussion





Ethical Tensions

- *'I wanted dad to be safe but then realized it was causing more harm than good'*
- *Putting yourself in someone else's shoes – how would you do things differently?*
- *Becoming a different caregiver – geographical distance, transition into LTC, changes in care needs*
- *When you hear a patient story – listen, attend, and evaluate your practice*

Be Present in the Moment!

Questions & Discussion

References and Resources

Caregiver-Centered Care Competency Framework

Parmar, J., & Anderson, S. (2019). *Caregiver-centered care competency framework*. Department of Family Medicine, Covenant Health Network of Excellence in Seniors' Health and Wellness.

<https://www.caregivercare.ca/competency-framework>

Evaluation of the Foundational Caregiver-Centered Care Education.

Parmar, J., L'Heureux, T., Anderson, S., Duggleby, W., Pollard, C., Poole, L., Charles, L., Sonnenberg, L., Leslie, M., McGhan, G., Huhn, A., Sereda, S., Marion, C., Tarnowski, G., Mah, J., Melenberg, D., Weir, C., Pooler, C, MacLachlan, N., . . . Sacrey, L.-A. R. (In press). Optimizing the integration of family caregivers in the delivery of person-centered care: Evaluation of an educational program for the healthcare workforce. *BMC Health Services Research*

Caregiver-Centered Care Website

Parmar, J. (2020, October 21). Caregiver-Centered Care Health Workforce Education. <https://www.caregivercare.ca/>

Government of Canada. (2020, April 8). *Infection prevention and control for COVID-19: Interim guidance for long term care homes*. <https://web.archive.org/web/20200411215559/https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/prevent-control-covid-19-long-term-care-homes.html>

Hunter, A. (2022, Jan 29). Living with COVID' plan shifts Sask. pandemic response as hospitalizations rise. CBC News. <https://www.cbc.ca/news/canada/saskatchewan/sask-covid-response-1.6331237>

Ontario Ministry of Health. (2020, March 13). *COVID-19 updates: Visitors*. https://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/memos/CMOH_Memo_-_Visitors_COVID-19_March_13_2020.pdf

Ontario Ministry of Health Ministry of Long-Term Care. (2020a, March 9). *2019 novel coronavirus (COVID-19) what you need to know to help you and your family stay healthy*. https://files.ontario.ca/moh-coronavirus-pec-poster-en-2020-03-09.pdf?_ga=2.62434281.494481688.1617094479-123370209.1617094479

Ontario Ministry of Health Ministry of Long-Term Care. (2020b, March 11). *Ontario enhancing COVID-19 protections for long-term care residents, families and staff*. <https://news.ontario.ca/en/statement/56209/ontario-enhancing-covid-19-protections-for-long-term-care-residents-families-and-staff>

Saskatchewan Health Authority. (2022, February 14). *Policy Directive: Family Presence during a Pandemic*. <https://documentfinder.saskhealthauthority.ca/en/viewer?file=%2fmedia%2fPolicies%2fSHA%2fSHA%20Safe%20Family%20Presence%20during%20a%20Pandemic%20Policy%20Directive.pdf#%5B%7B%22num%22%3A1542%2C%22gen%22%3A0%7D%2C%7B%22name%22%3A%22FitH%22%7D%2C793%5D>

Tam, T. (2020, October). From risk to resilience: An equity approach to COVID-19 - The Chief Public Health Officer of Canada's report on the state of public health in Canada 2020. *Public Health Agency of Canada*. <https://www.canada.ca/en/public-health/corporate/publications/chief-public-health-officer-reports-state-public-health-canada/from-risk-resilience-equity-approach-covid-19.html>

United Nations. (2020, May). Policy brief: The impact of COVID-19 on older persons. <https://unsdg.un.org/sites/default/files/2020-05/Policy-Brief-The-Impact-of-COVID-19-on-Older-Persons.pdf>

**Interested in learning more about our
team, please visit us at
BetterLTC.ca**

Thank you

Session Wrap-Up



Wrap Up

- Please fill out the feedback survey following the session! Link has been added into the chat
- A recording of this session will be emailed to registrants within the next week
- Please join us for the next Long- Term Care Community of Practice Session!
 - Advance Care Planning
 - April 14th, 2022 from 12:30-1:30pm ET
- We welcome audience members to present their own cases! If you would like to present a case during one of these upcoming sessions, contact us at echo@pallium.ca or let us know in the feedback survey

Personal Support Worker- Community of Practice Series

- A community of practice for personal support workers who are interested in connecting with peers in sessions facilitated by practice coaches.
- A welcoming and encouraging space that invites reflective practice, dialogue, transparency, and peer-to-peer connection.
- This series is made up of 14 sessions taking place between November 2021 – May 2022.
- Register at www.echopalliative.com

LEAP Long-Term Care

- Interprofessional course that focuses on the essential competencies to provide a palliative care approach, with case studies contextualized to the long-term care setting.
- Delivered online or in-person.
- Ideal for any health care professional (e.g., physician, nurse, pharmacist, social worker, etc.) working in long-term care and nursing homes.
- Promotes teamwork and collaboration among different health care professionals who work in a variety of settings.



LEAP

LONG-TERM
CARE

- Accredited by CFPC for **27.5 Mainpro+ credits** (online version) and **26.5 Mainpro+ credits** (in-person version).
- Learn more about the course and topics covered
www.pallium.ca/course/leap-long-term-care

Palliative Long-Term Care Leadership Series

- Hosted through one of the Palliative Care ECHO Project Hub Partners, the Canadian Association of Long-Term Care
- This series aims to improve the ability of leaders in LTC homes to support staff, residents, caregivers and families.
- Register at: caltc.ca/echo/



Thank You



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