

Healing Hearts and Communities

World Hospice and Palliative Care Day Special Lecture 2022



Presented by:

Professor Allan Kellehear, PhD
University of Vermont and Public Health Palliative
Care International

Date: October 12th, 2022

Territorial Honouring



Agenda

Welcome

Christopher A. Klinger, PhD

Chair, End-of-Life Issues Theme Team, National Initiative for the Care of the Elderly (NICE)

Research Scientist, Pallium Canada

Assistant Professor (Part-Time), Dr. Joshua Shadd - Pallium Canada Research Hub, McMaster University

The Palliative Care ECHO Project – Update

Jeffrey B. Moat, CM

CEO, Pallium Canada

Special Lecture

Professor Allan Kellehear, PhD

University of Vermont and Public Health Palliative Care International

Question and Answer Session

Please click the Q&A icon and type your question(s) to the speaker(s) there, we will try to get to as many of them as possible

Award Ceremony

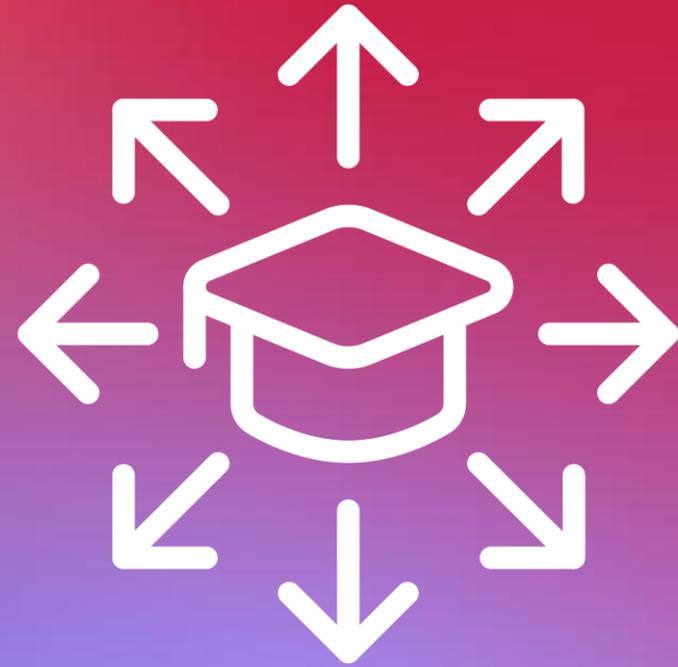
Esme Fuller-Thomson, PhD

Director, Institute for Life Course and Aging, University of Toronto

Welcome and Reminders

- Please introduce yourself in the chat
- Your microphones are muted. There will be time for questions and discussion following Professor Kellehear's Special Lecture. Please add your questions in the Q&A function
- Please use the chat function for comments or if you are experiencing technical difficulties
- This session is being recorded and will be made available via *ehospice Canada* and Pallium Canada

The Palliative Care ECHO Project - Update



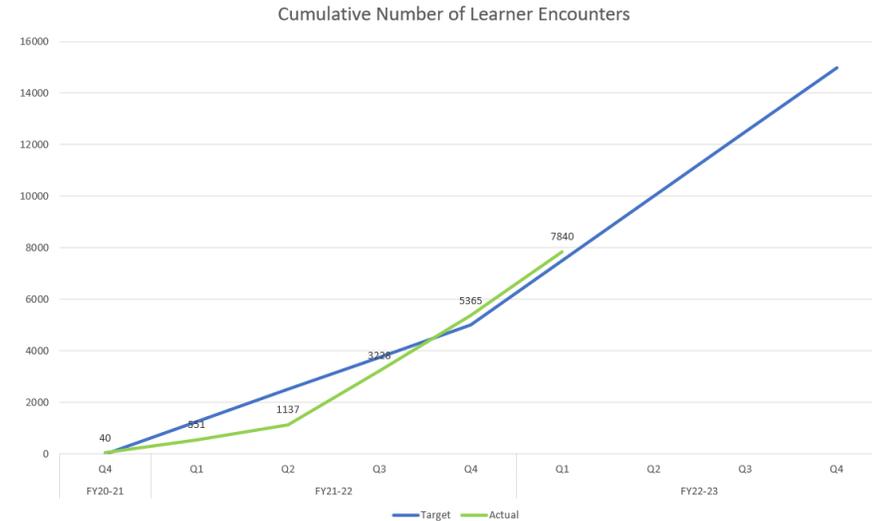
Meet our hub partners!



Progress To-Date

ECHO Programs

- 142 ECHO Sessions delivered
- 7,978 Learner Encounters
- 8,000+ views of session recordings



Indicator	Actual vs. Target	FY 2020-21	FY 2021-22	FY 2022-23
Number of ECHO sessions	Actual	1	95	46 (currently projecting 160)
	Target	1	100	200
Number of Learner Encounters	Actual	40	5,325	2,613 (currently projecting 8,000)
	Target	40	5,000	10,000

Progress To-Date

Pallium's ECHO Programs

Category	FY 2020-21 1 Session	FY 2021-22 52 Sessions	FY 2022-23 33 Sessions delivered out of 81 Planned
Standalone sessions	<ul style="list-style-type: none"> Delivered 1 session 	<ul style="list-style-type: none"> Delivered 15 sessions 	<ul style="list-style-type: none"> 3 sessions completed 4 sessions planned
Communities of Practice (COPs)	--	<ul style="list-style-type: none"> Long-Term Care COP Heart Disease COP (series 1) Community-Based Primary Palliative Care COP (series 1), Personal Support Worker COP (series 1 & 2) 	<ul style="list-style-type: none"> Long-Term Care COP (continued) Heart Disease COP (series 2) Community-Based Primary Palliative Care COP (series 2) Paramedic COP Severe and Persistent Mental Illness COP
Quality Improvement (QI)	--	<ul style="list-style-type: none"> CAPACITI QI Collaborative (focus on early identification) 	<ul style="list-style-type: none"> CAPACITI (continued) Long-Term Care QI COP
Palliative Care Journal Watch	--	<ul style="list-style-type: none"> Launched first session 	<ul style="list-style-type: none"> 2 sessions completed Another 6 sessions planned

Progress To-Date

Learner Experience

To what extent do you agree with the following statements:

Statement	<i>n</i>	% agree/ strongly agree
This session was relevant to my practice	1,597	95.3%
There was ample opportunity for discussion	1,389	78.2%
The session met my learning needs	1,617	93.3%
The overall format of the session was useful	1,513	96.4%
The presenters were knowledgeable	1,605	98.2%
Overall, this session was a good learning experience	1,393	96.2%
I would recommend this session to a colleague	1,660	95.2%

Learn more at : www.echopalliative.com



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CONGRESS

Project ECHO
Palliative Care - Canada
BY
Pallium Canada

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Be part of a community of practice with the Palliative Care ECHO Project

...
We're dedicated to supporting a continuous learning journey for health care professionals to build local capacity to provide a palliative care approach to patients and their families.

Free Upcoming ECHO Sessions — Register Today!

...
• **Paramedic Community of Practice**
[Read More & Register »](#)

• **Severe and Persistent Mental Illness Community of Practice**
[Read More & Register »](#)

• **Heart Disease Community of Practice**
[Read More & Register »](#)

• **Psychosocial Series**
[Read More & Register »](#)

Why is this important?

...
• Many Canadian health care professionals do not have the required fundamental skills to provide a palliative care approach and the over-reliance on specialist palliative care teams is unsustainable.

• There is a need to address equity issues in many parts of Canada related to accessing palliative care clinical support and education, especially in rural and remote regions and Indigenous communities.

• We require sustainable infrastructure to rapidly capture and share palliative care knowledge, tools, resources, and protocol changes among health care teams across the country.

• Continuous professional development is a vital element in career growth for health care professionals.

Healing Hearts and Communities

The History and Role of Compassionate Communities

Allan Kellehear, PhD., FAcSS
University of Vermont, USA



Compassionate Communities

A Public Health approach to Palliative Care

This is:

- Why, what, and how communities act as partners in palliative care
- The civic sector taking up its responsibilities for palliative care
- A social systems model of healthcare at the end of life

The Background

- A Public Health Approach to complement the Clinical
- Rehabilitating the ‘social’ – giving ‘community’ substance
- The 95% Rule – where do people live with dying, care, & loss
- Tackling morbidities and mortality – social epidemiology
- Restoring balance to dying and grieving – wellbeing
- The need for a population approach to death literacy

The methods of public health in palliative care

- Health promotion
- Public education
- Community development (Com Coms)
- Population policy
- Social ecology (Com Cities)
- Social marketing

Theoretical origins

- Health Systems theory
- Ottawa Charter of Health Promotion
- Who Healthy Cities
- Policy debates - access, continuity of care, & quality of care

Historical origins

- PCU La Trobe University in Australia (1998)
- Health-promoting palliative care (OUP 1999)
- Australian State pc policy changes
- Australian demonstration projects in services redesign
- Compassionate Cities (Routledge 2005)
- Scottish policy recommendations (2007/8)
- Partnerships with Sallnow and Suresh (2009)
- First British ComComs (2010)
- First Irish ComComs (2012)
- Canadian (2015) West EU (2016) Taiwanese (2017)
- Plymouth UK 1st ComCity

25-year global expressions

- Palliative care service re-orientation and policy development
- Public education programs
- Compassionate communities
- Compassionate cities

Current Developments - Highlights

- Ottawa, Canada (pop. 1,000,000)
- Birmingham UK (pop. 1,000,000)
- Inverclyde, (Scot) UK (pop. 82,000)
 - Plymouth, UK (pop. 260,000)
- Vic (pop.42,000), & Seville, Spain (pop. 750,000)
 - Koshikode aka Calicut, India (pop. 400,000)
 - Cologne, Germany
 - Mankato, (Minnesota), USA
 - Taipei, Taiwan.
 - Bern, Switzerland
- **100s of international compassionate communities**

Professional Developments - Highlights

- **Public Health Palliative Care International (www.phpci.org)**
 - **Biennial International PHPCI Conference series**
- **Compassionate Communities UK (<https://compassionate-communitiesuk.co.uk>)**
 - **SAGE journal “Palliative Care & Social Practice”**
 - **EAPC (public health) reference group**
 - **Public Health England and Pallium Canada (Toolkits)**
- **Scottish Public Hlth Network/Scottish Partnership for Palliative Care**
 - **NHS ‘Ambitions’ Policy for Palliative Care 2015-2020.**
- **First Oxford Textbook in Public Health Palliative Care (2022)**

Resistance & Dissent

- OUP – ‘vision’ is a dirty word
- Don’t rock the (my) boat – do it later
- We’re already doing it – my friend the volunteer
- We’re already doing it – my friend the psychosocial
- Its NOT palliative care
- Not with my money you’re not
- Where’s your evidence - where’s yours?

Our future...

- Ownership by the **Public Health** research, practice and policy agenda/**colleagues**/research
- **Corporate and government** endorsement, support, and incentives
- Community development to sit alongside volunteer provision – **‘community’ is more than ‘neighborhood’, more than volunteers**
- **Palliative care** to develop and articulate its public health **leadership** obligations beyond its clinical agenda in curriculum development, research, and policy making efforts
- Develop and deepen palliative practice and policy provision with caregivers and the bereaved viz. **community**
- Remember that end-of-life CARE is **more than service provision** and that we can and should **lead the civic sector** toward its civic responsibilities in this area

Want to know more?

- J. Abel & A. Kellehear [eds] Oxford Textbook of Public Health Palliative Care. Oxford University Press, 2022.
- L. Sallnow, R. Smith et al. Report of the Lancet Commission on the Value of Death: bringing death back to life. Published online January 31, 2022.
[https://doi.org/10.1016/S0140-6736\(21\)02314-X](https://doi.org/10.1016/S0140-6736(21)02314-X)

Questions and Answer Session



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Please click the Q&A icon and type your question(s) to the speaker(s). We will try to get to as many of them as possible.



Esme Fuller-Thomson, PhD



Professor Allan Kellehear, PhD

Award Ceremony





Certificate of Recognition

This award is given to

Professor Allan Kellehear, PhD

for the World Hospice and Palliative Care Day Special Lecture 2022:

‘Healing Hearts and Communities’

Thank You



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