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DE SOINS PALLIATIFS  
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CONGRESS**

**October 15 – 18, 2024 | Palais des Congrès de Montreal**

# SLIDE 1: Presentation/Session

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## The World's Largest Palliative Care ECHO Session | Palliative Care for Everyone and by Everyone: A Large Global Village

# SLIDE 2: Conflict of Interest Declarations



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- Dr. Luís Fernando Rodrigues, MD, MAHR Palliative Care: No affiliations
- Dr. Sreedevi Warriar: Employed by Pallium India, Kerala, India
- Dr. Olivia Nguyen, MD, MM, CCMF(SP), FCMF, FRCPC, Palliative Medicine: No affiliations
- Miss. Sarah Nyariki: No affiliations
- Aparna Gupta, DNP, EMBA, FACHE, CPHQ, ANP-BC: Employed by the National Hospice and Palliative Care Organization / the National Alliance for Care at Home (Feb 2022–current)
- Lesley Goodburn: Advisory committee member at the National Cancer Audit Collaborating Centre (NATCAN) + National Pancreatic Cancer Audit (NPaCA) (Jan 2024–current)
- Dr. José Pereira, MBChB, CCFP (PC), MSc, FCPC: Employed by Pallium Canada (2017–current) and received grants from CIHR (several over the years)
- Jeffrey Moat, CM: Employed by Pallium Canada
- The Palliative Care ECHO Project is supported by a financial contribution from Health Canada. The views expressed herein do not necessarily represent the views of Health Canada.

# SLIDE 3: Learning Objectives



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At the conclusion of this presentation, participants will be able to:

- Describe the significance of integrating palliative care into primary care, across specialties and communities.
- Identify strategies for promoting international collaboration and raising global awareness of palliative care.
- Describe real-world case studies to understand practical applications of palliative care principles in diverse contexts.
- Reflect on commitments to advancing global palliative care and fostering worldwide collaboration.

# The World's Largest Palliative Care ECHO Session

Palliative Care for Everyone and by Everyone: A Large Global Village



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# Sanjeev Arora

MD, MACP

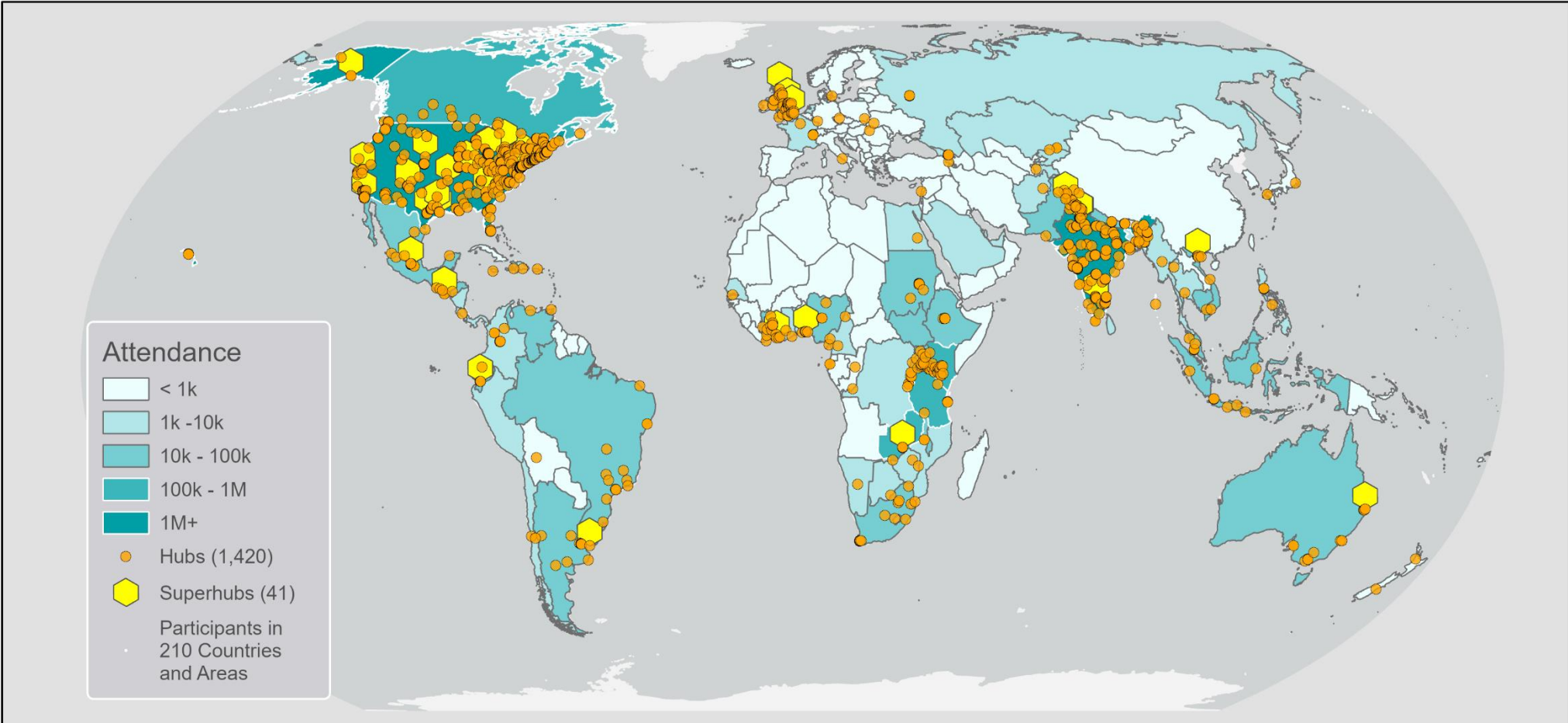
Distinguished and Regent's Professor of Medicine  
(Gastroenterology/Hepatology)

Director of Project ECHO

Department of Medicine, University of New  
Mexico Health Sciences Center



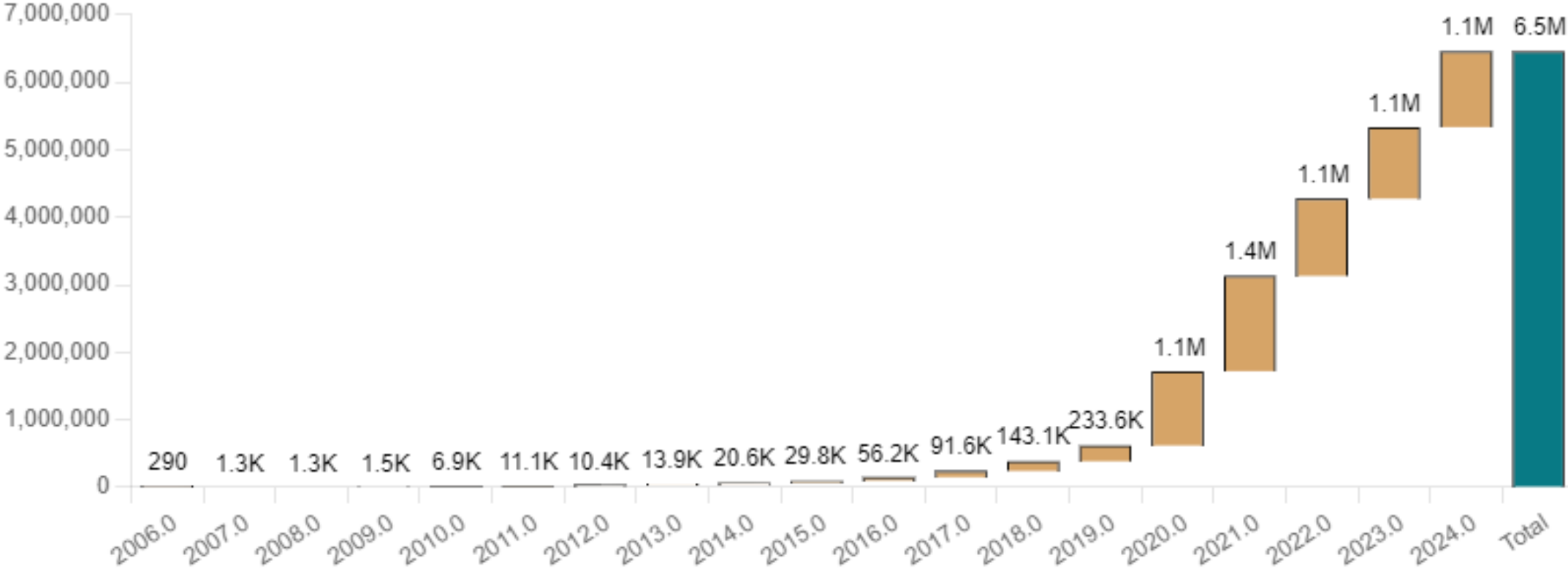
# Global Hubs & Superhubs





# Major Growth In Demand Since COVID 19: Cumulative Attendance Across ECHO Network

ECHO Attendance by Year  
Data as of 10/14/2024



Note: Data represents program attendance reported by ECHO Hubs thus far and may not entirely reflect all global ECHO attendance.

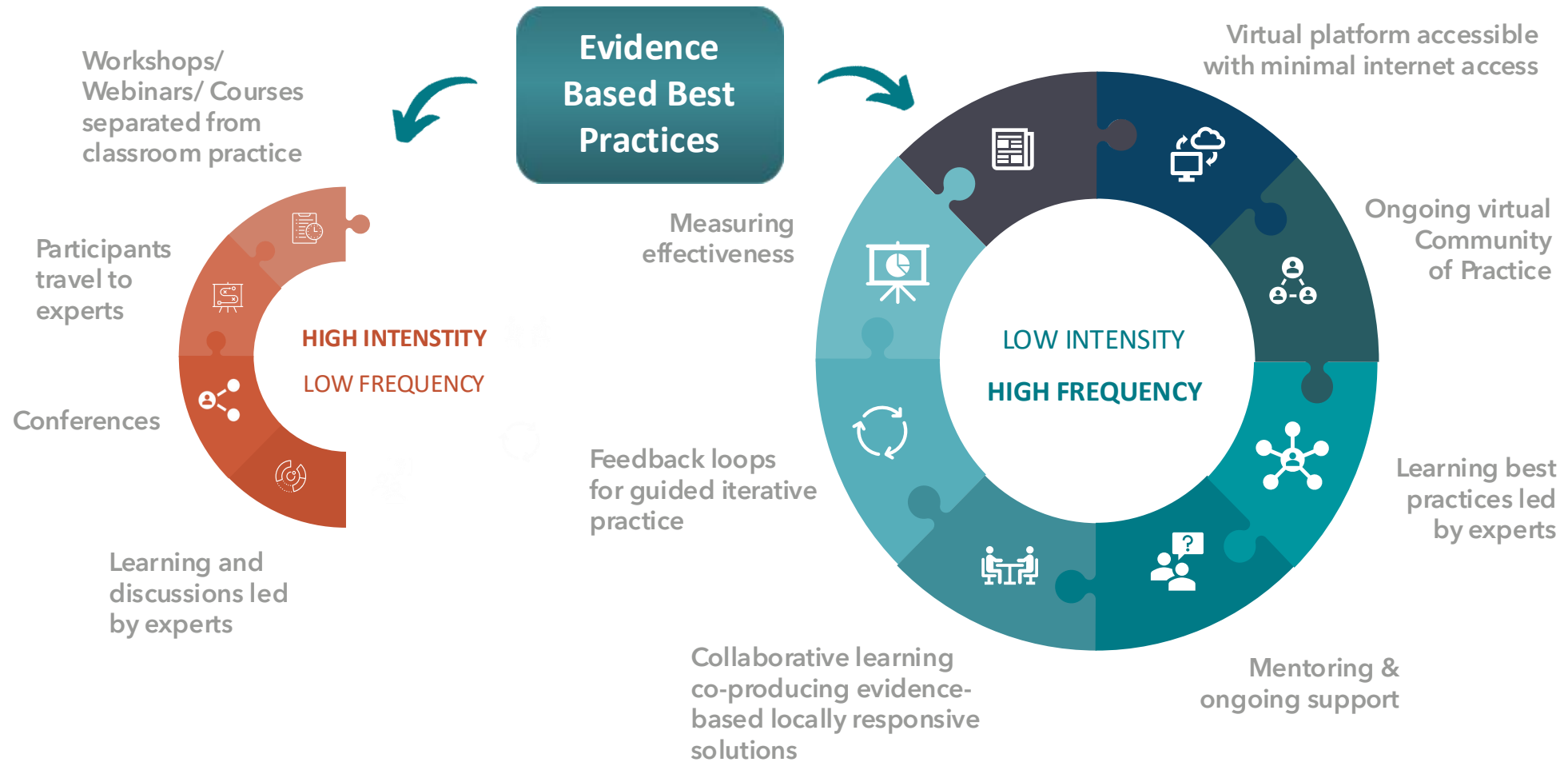


BY





# Project ECHO Turns Traditional Training on its Head



# Palliative Care ECHOs Around the World

**495**

PALLIATIVE CARE  
ECHO PROGRAMS

**120**

PALLIATIVE CARE  
ECHO HUBS

**20**

COUNTRIES



# Across the Continuum of Care



## Prevention

Tobacco cessation  
HPV vaccination  
Hepatitis B  
vaccination  
Sun safety & skin  
cancer prevention  
Community cancer  
intervention &  
prevention



## Screening

Dermatology  
Breast cancer  
Cervical & colorectal  
cancer  
Oral & lung cancer  
Pathology best  
practices  
Training peer and  
community health  
advocates



## Treatment

Pain & toxicity  
management  
Cancer care  
navigation  
Precision medicine &  
cancer genomics  
Clinical trial  
enrollment



## Survivorship & End of Life Care

Palliative care  
Coping  
Health promotion  
Follow-up of cancer  
survivors  
Caregivers  
Transition from  
patient to survivor

# Cancer ECHOs Around the World

**864**

PROGRAMS

**36**

COUNTRIES

**246**

HUBS





# Partner With Us

## You can:

- Get involved with an existing ECHO program.
- Start your own ECHO program.
- Explore ECHO resources and trainings.

## Email us:

[ECHOReplication@salud.unm.edu](mailto:ECHOReplication@salud.unm.edu)



# Panel discussion

Moderated by Jeffrey B. Moat, CM



# Lesley Goodburn

Representing the United Kingdom





# Seth died 33 days after a pancreatic cancer diagnosis

- Play
- Film
- Educational resource
- Letters
- Digital stories, audio and written
- Education
- Creativity



# What's needed

- Compassion
- Listening - with big ears
- Responding to needs and wishes
- Don't make assumptions
- Shared decision making
- Honesty
- Kindness
- People live until they die



# Aparna Gupta

DNP, EMBA, FACHE, CPHQ, ANP-BC

Representing the United States of America



# NHPCO Project ECHO Model - Where Innovation Meets Quality

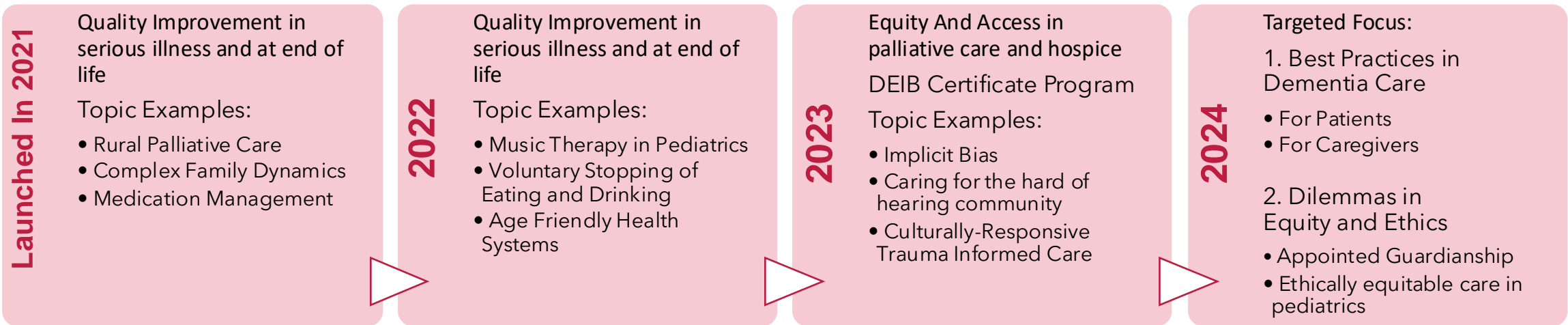
## Who We Are

The National Alliance for Care At Home (previously National Hospice and Palliative Care Organization NHPCO and National Association for Home Care and Hospice NAHC).

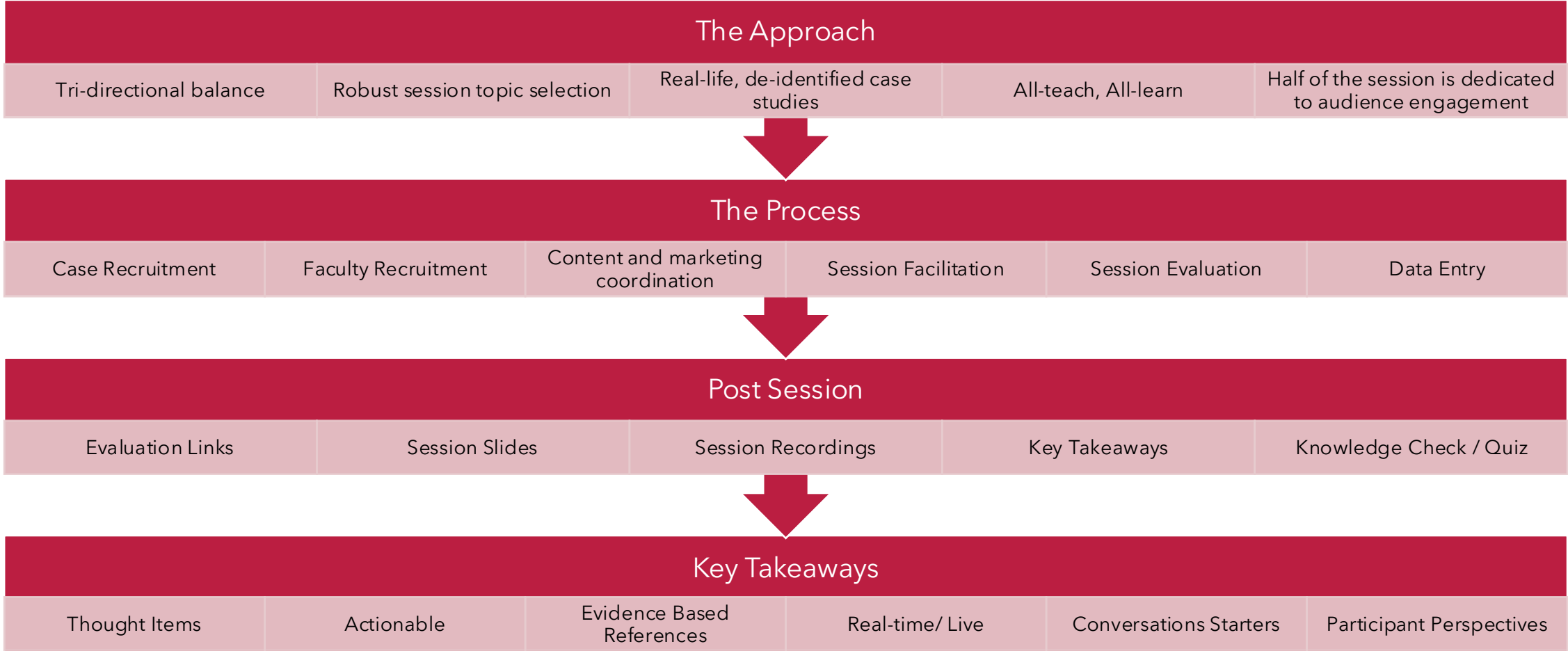
## What We Do

The leading authority in transforming care in the home in the United States. We are an inclusive thought leader, advocate, educator, and convener and the unifying voice for those providing and receiving healthcare through all stages of life.

## NHPCO Project ECHO Model



# Systems based design and the model





# Improving Quality → Program Review and Evaluation

## Jan 2021 – Dec 2022

- Average no of States per session – 38
- International Participants – 12

## Jan – May 2023

- Average no of States per session – 30.4
- International Participants – India, Mexico and Canada

**NHPCO PROJECT ECHO 2023**  
**EQUITY WHERE IT MATTERS**

**About Project ECHO**  
 Extension of Community Health Outcomes

**All Teach, All Learn approach** → expanding capacity to underserved communities  
 Case study presentations, key takeaways, and actionable thought starters

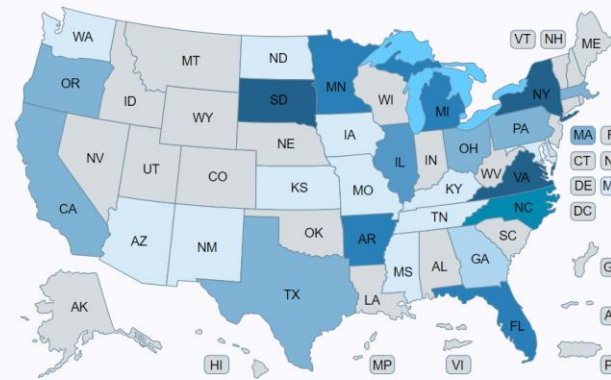
**Inclusive topics addressing various aspects of diversity in healthcare**  
 Recognizing that the depth of diversity expands across many dimensions of our identity, topics will focus on cultural competence for various populations.

**2 sessions every month covering 24 topics**  
 Sessions will include a core group of participants, the NHPCO ECHO Hub, and DEI Faculty. Sessions will be held on the first and third Thursday of each month at 3pm EST.

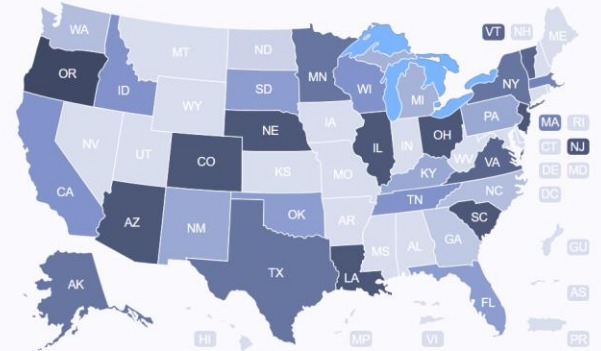
**NHPCO DEI certificate**  
 Attendance of at least 70% of all sessions and engagement in some required activities culminates into a NHPCO DEI (hospice and palliative care) Certificate Program.

innovation@nhpco.org  
 Access our current Project ECHO webpage at <https://www.nhpco.org/projectecho/>

The Project ECHO Participation Map reflects the scope and reach of all Project ECHO participants through the United States. Hover over a state to view number of attendees in the Summer 2024 Project ECHO – Ethical Dilemmas Across Health Equity miniseries.

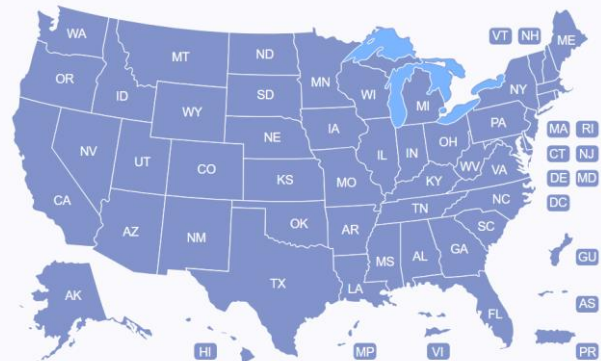


The Project ECHO Participation Map reflects the scope and reach of all Project ECHO participants through the United States. Hover over a state to view number of attendees in the Spring 2024 Project ECHO – Best Practices in Dementia Care miniseries.



### International Participant: Greece

The Project ECHO Participation Map reflects the scope and reach of all Project ECHO participants through the United States. Click on a state to learn the organizations of ECHO participants, faculty, and those who have completed 2023 DEI Certificate for the 2023 Equity Where It Matters Series.



## Attendees represented (2021, 2022)

United Kingdom	Haiti
Canada	Shri Lanka
Egypt	Afghanistan
India	Australia
Bangladesh	Netherlands
Uganda	Iran



# Luís Fernando Rodrigues

MD, MAHR Palliative Care

Representing Brazil







### 5th Regional Health Department - Barretos HQ

18 cities - 442,899 inhabitants  
Area - 8.000 km<sup>2</sup>

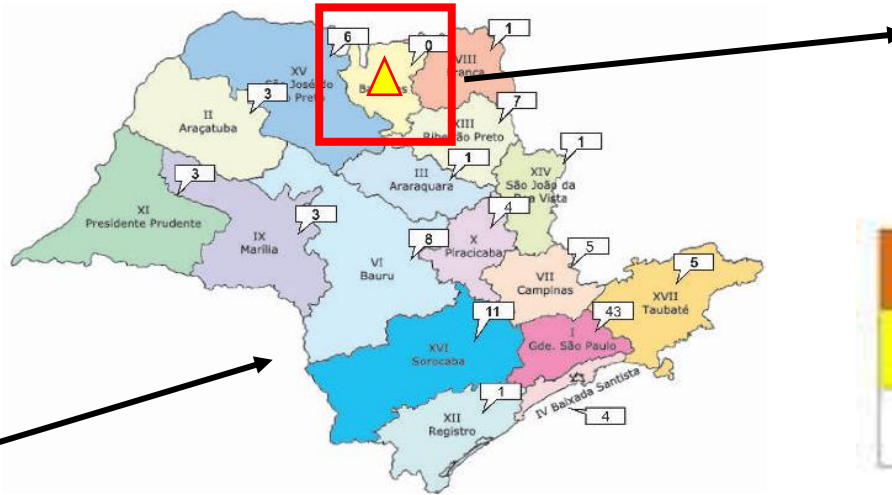
**São Paulo State**  
45,973,94 inhabitants  
17 Regional Health departments



Brasília

### Brazil

212,583,750 inhabitants  
26 states + 1 federal district



### Palliative Care Unit

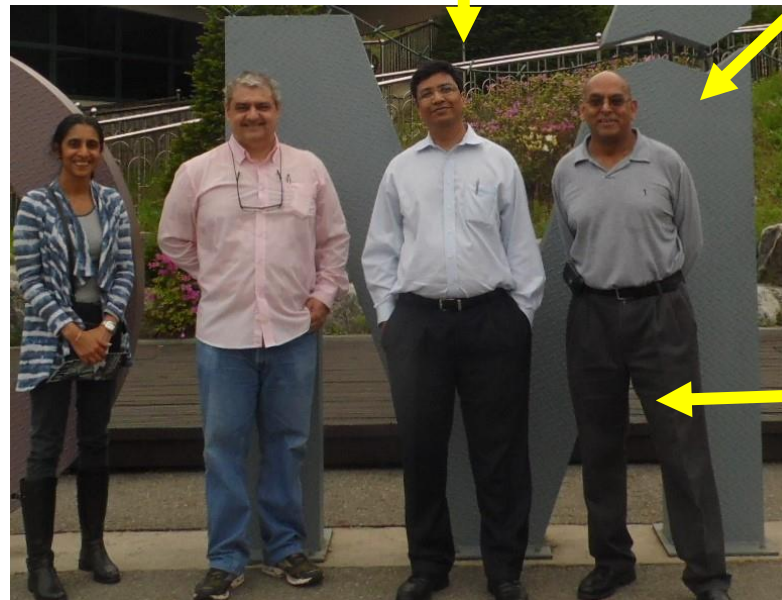


BY



# How do we work in Barretos?

1. Establish syllabus (around 25 main themes)
2. Create a schedule
3. Invite Health Secretaries
4. Open time for registration
5. Start a cycle
6. Sessions - every 15 days
7. We are now on third cycle - each cycle lasts on average 18 months
8. Certification ceremony (very simple - no glamour)





# Results from our first experience (2017-18)

## Deaths of patients being attended by

	2017 (n, %)	2018 (n, %)	%	p value
Referrals to the HBPCT	132	115	-12.9%	Not tested
Overall deaths at home or hometown (ODHHT)	40	35	-12.5%	Not tested
ODHHT - untrained city teams	29 (72.5)	22 (62.8)	-24.1%	p=0,013
ODHHTT - trained city teams	11 (27.5)	13 (37.1)	+18.2%	p=0,013



**Training in Sept. 2019**



**Cohort 2020 - 2022**

# Dr. Olivia Nguyen

MD, MM, CCMF(SP), FCMF, FRCPC, Palliative Medicine

Representing Canada (Quebec)







**SQMDSP**



BY







ASSEMBLÉE NATIONALE  
DU QUÉBEC





# Société





# Sarah Nyariki

RN, Bsch

Representing Kenya

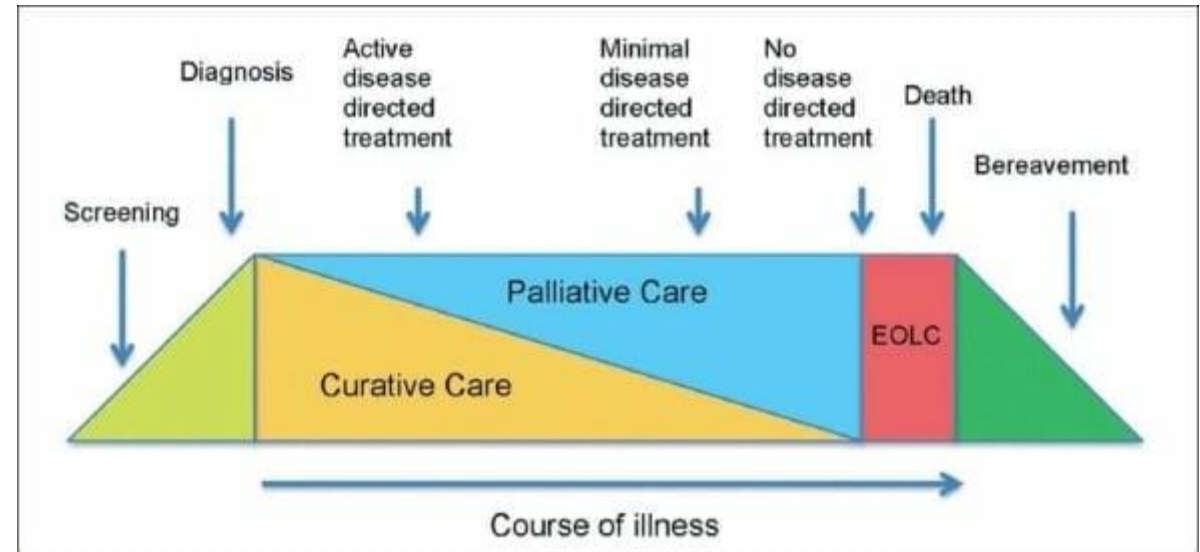


# Create awareness

- Community awareness - Need and importance of palliative care.
  - Educate individuals, families and communities on palliative care.
- Clarify myths, misunderstandings, and misconceptions.
- Empower CHPs.
- Effective referral and linkage.
- Capacity-building of palliative care staff.
- All levels of health care (community - referral sites).

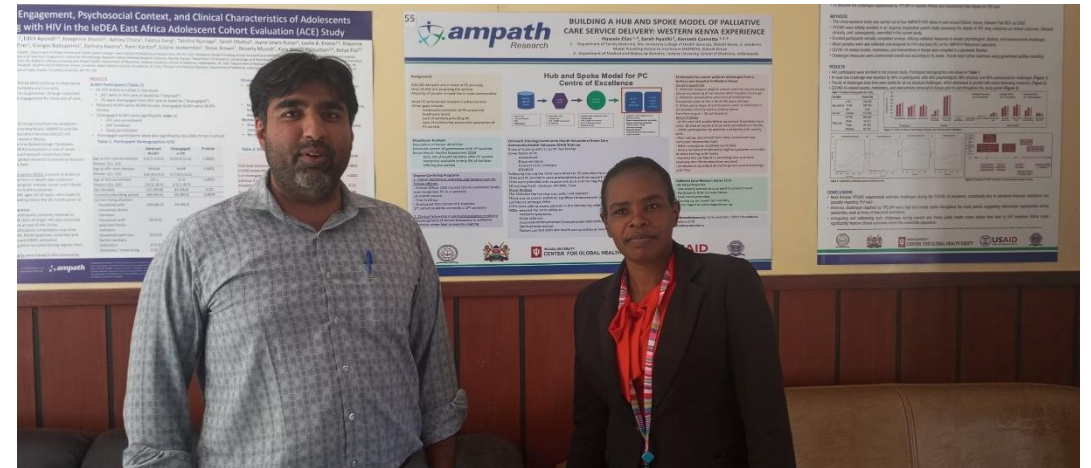
# Incorporation in Care Continuum

- Multidisciplinary approach in care.
- Self-initiative, commitment and passion.
- Best palliative care practices across disciplines.



# Sustainability

- Continuing education and learning experiences (Palliative Care ECHO Project).
- Post-training evaluations - improved knowledge, skills, professional isolation and confidence in various categories (CHPS, health care providers, and caregivers).
- Patient follow-up systems - telehospice/telecommunication, home visits, etc.
- Supportive healthcare systems.
- Community, facility and country and global ownership programs.





# Dr. José Pereira

MBChB, CCFP(PC), MSc, PhD

Representing España (Spain)



# Palliative Care in España (Spain)

## Summary and highlights

- Leadership and innovation in several areas of palliative care over the years.
  - Palliative care in Spain has been gaining recognition and support over the last two decades.
  - Made big strides in integrating palliative care into healthcare systems over the last three decades, with many regions developing specialized services.
  - Centres of excellence across the country.
  - Vibrant scholarship
  - However, access and availability can vary significantly across the different autonomous communities and regions.
- ❑ SECPAL: a vibrant national palliative care association
  - ❑ Catalonia World Health Organization Demonstration Project (early 1990s)
  - ❑ Canary Islands palliative care integration (1980s and 1990's)
  - ❑ Extremadura community: integration across system (1990's)
  - ❑ CUDECA Foundation and Hospice
  - ❑ New Health Foundation
  - ❑ Atlantes Program, Institute of Culture and Society, University of Navarra: a WHO Collaborating Centre for the Global Monitoring of Palliative Care Development
  - ❑ Pediatric Palliative care in Madrid (Hospital Nino Jesus) and new Children's Palliative Care Hospital
  - ❑ Efforts across country to integrate in UG and PG curricula of medicine and nursing
  - ❑ Masters degrees in Palliative Care
  - ❑ Pallium Pilot Project in Spain (Dignia Foundation and University of Navarra, in collaboration with Pallium Canada)




**A. Catalonia World Health Organization Demonstration Project**

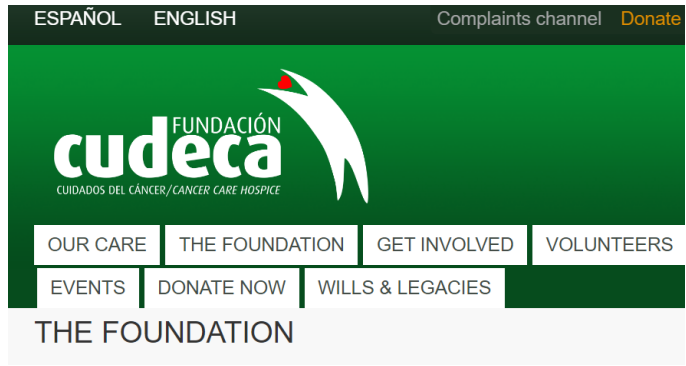
In 1989, the Health Department of Catalonia (Spain) and the Cancer Unit at the WHO (Geneva) designed and planned a demonstration project for implementation of palliative care resources and services, based on the WHO Public Health Model.

The project's aims were to:

- 1) implement palliative care services throughout Catalonia (cancer/non cancer) and
- 2) serve as a model for other countries/governments

The objectives of the Catalonia WHO Demonstration Project (WHO DP) were to achieve:

- public coverage for cancer and non-cancer patients,
- easy access to palliative care by every person who need it,
- equity in access across the region,
- high quality palliative care that is effective and efficient.



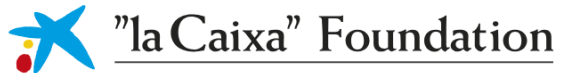
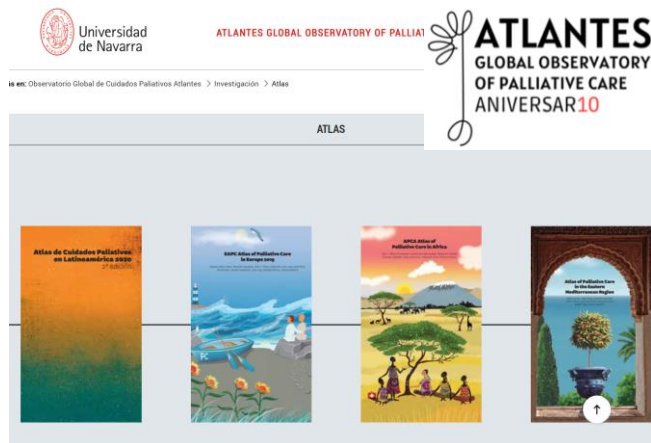
Proyectos en curso

Centro de atención integral de cuidados paliativos pediátricos



Home > Research and Outreach > Chair in Palliative Care

The Catalan Institute of Oncology (ICO) and UVic-UCC signed an agreement for collaboration in November 2012 to create the Chair UVic/ICO/CCOMS in Palliative Care. The Chair became a branch of the QUALY Observatory (Observatori QUALY d'Atenció Paliativa).



Social programmes

Comprehensive care for people with advanced diseases



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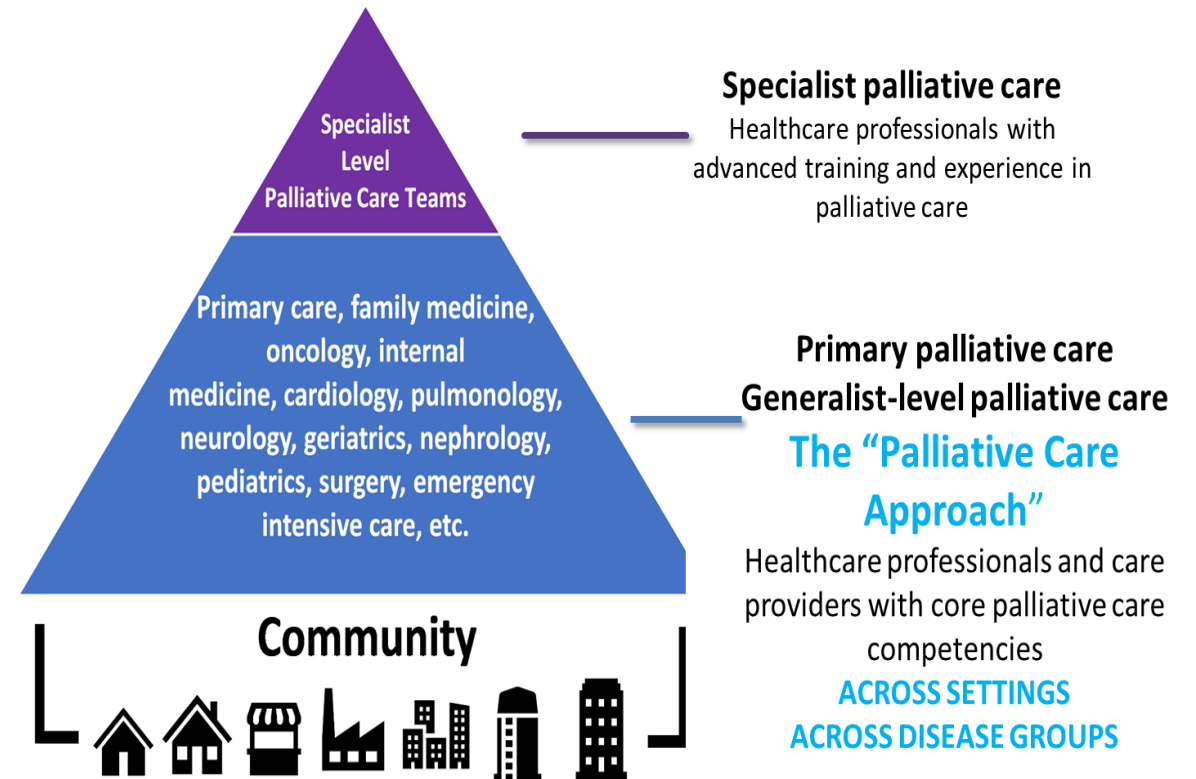


# Emerging themes: Spain and Internationally

A public health approach to palliative care

The need to build primary- and generalist-level palliative care

Integration of palliative care in the curricula of the health care professions

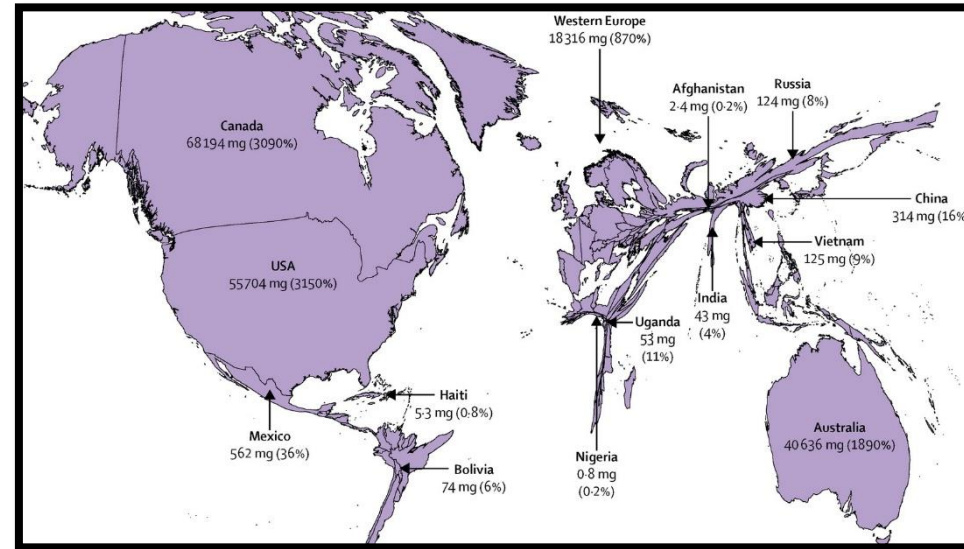


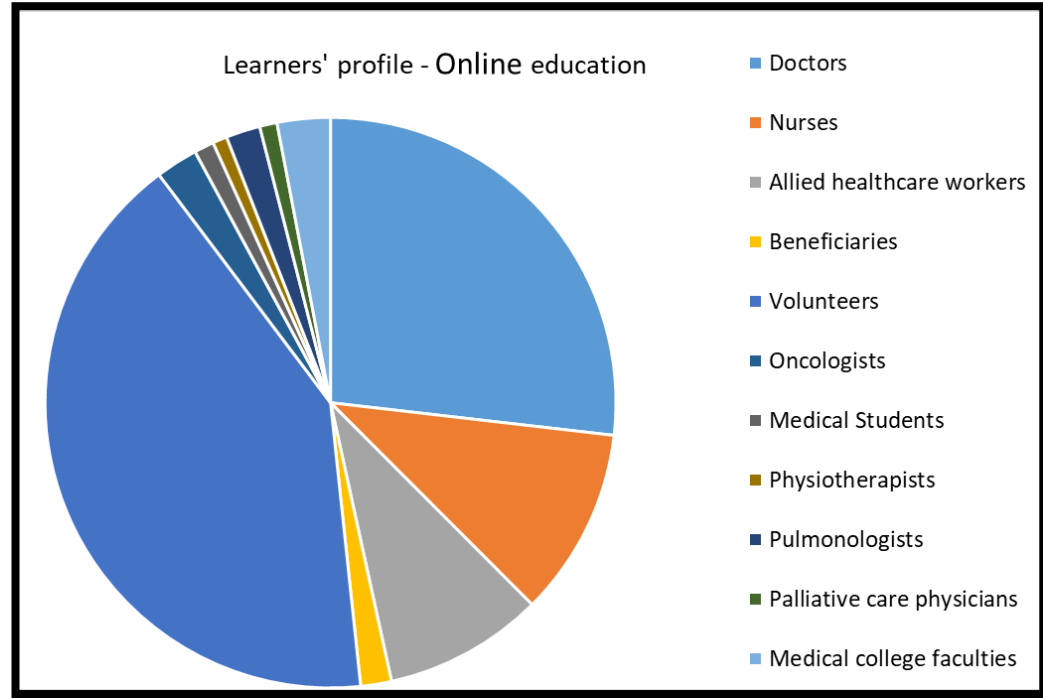
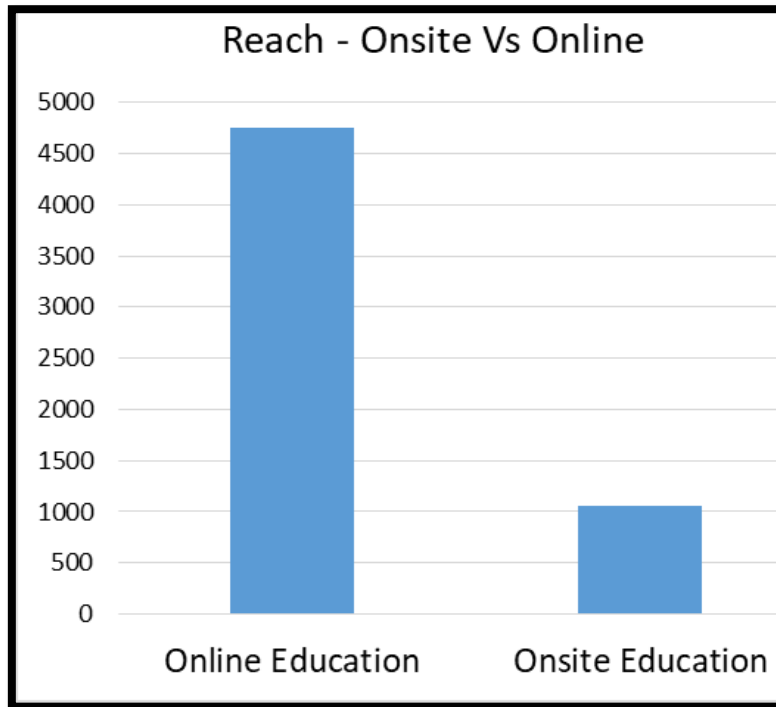
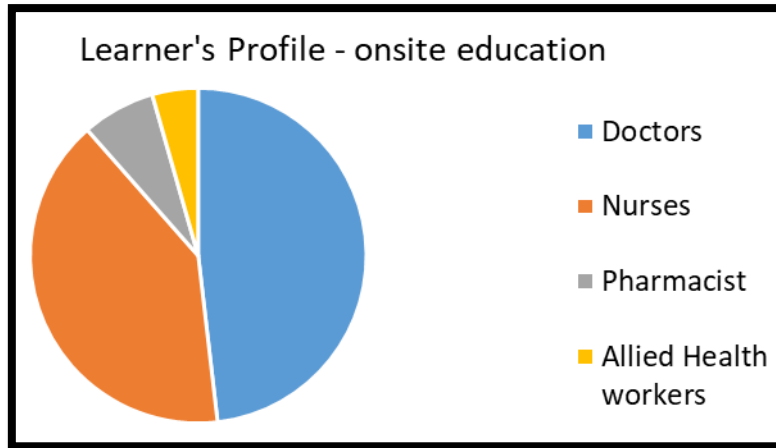
# Dr. Sreedevi Warriar

Representing India

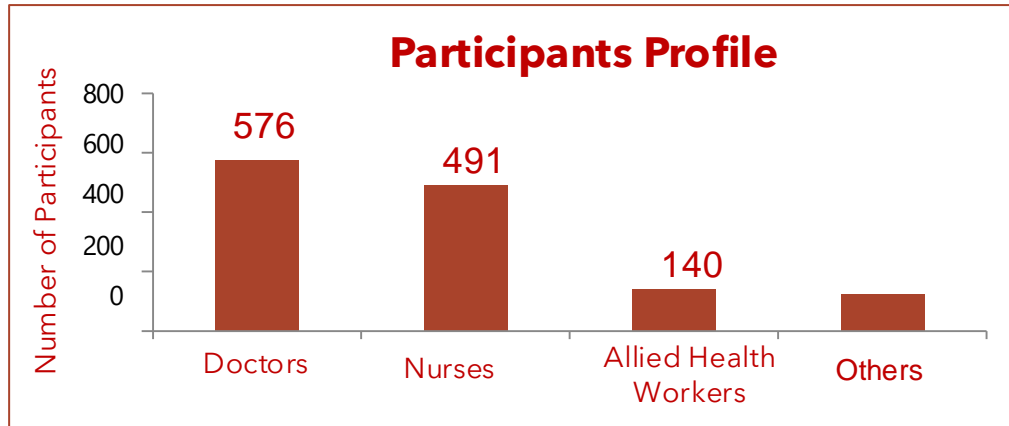


# India





# PalliCovid ECHO



SN	Country	Participants
1	India	1246
2	Philippines	36
3	Sri Lanka	13
4	Ghana	9
5	Bangladesh	7
6	Indonesia	6
7	Maldives	4
8	Nepal	3
9	Singapore	1
10	Kuwait	1
11	Morocco	1
12	Myanmar	1
13	Oman	1
14	Senegal	1
15	UAE	1
	<b>Total</b>	<b>1331</b>





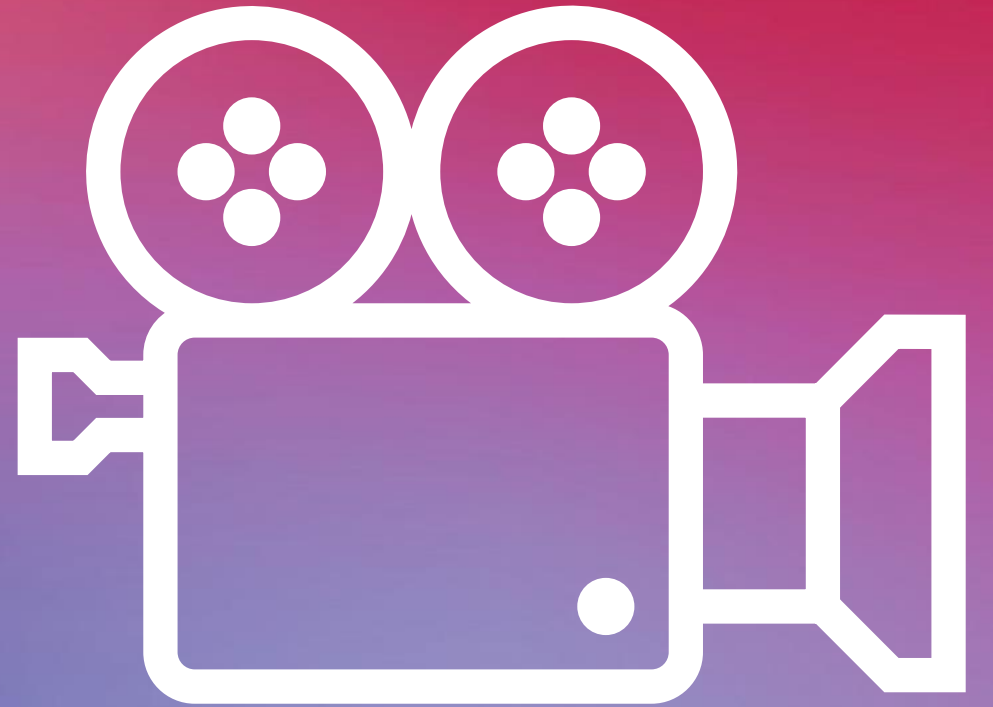
Q&A



Thank you



What does  
palliative care  
mean to you?



# WORLD'S LARGEST PALLIATIVE CARE ECHO SESSION



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Palliative Care ECHO Project!



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