

Interprofessional Palliative Care COP

Nursing engaging in a palliative approach



Facilitator: Holly Finn, PMP
Presenters: Christel Webb, BScN, RN
Date: January 23rd, 2026

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Territorial Honouring



Series Learning Objectives

After participating in this series, you will be able to:

- Understand the roles of different disciplines in palliative care
- Integrate palliative principles into your own practice
- Collaborate effectively across professions, including timely referrals
- Support and validate colleagues during difficult situations
- Use case studies to address discipline-specific challenges collaboratively
- Explore the psychosocial and spiritual aspects of care

Overview of Sessions

Session #	Session Title	Date/ Time
Session 1	Interprofessional Rehabilitation – Engaging in a Palliative Approach	Feb 7 th , 2025 from 12-1pm ET
Session 2	Integrating Spiritual Care Through Psycho-Spiritual Needs Assessments in a Palliative Approach	June 20 th , 2025 from 12-1pm ET
Session 3	Communication Access in Palliative Care	Sept 19 th , 2025 from 12-1pm ET
Session 4	Beyond the Myths: A Multi-Disciplinary Look at Palliative Care	Nov 21 st , 2025 from 12-1pm ET
Session 5	Nursing engaging in a palliative approach	Jan 23 rd , 2026 from 12-1pm ET

Introductions

Facilitator

Holly Finn, PMP

Senior Manager Program Delivery, Pallium
Canada

Presenters:

Christel Webb, BScN, RN

Registered Nurse, Halton Healthcare, Ontario

Registered Nurse, Cowichan District Hospital, British Columbia

Disclosures

Pallium Canada

- Registered Charitable Organization
- Generates funds to support operations and R&D from course registration fees and sales of the Pallium Pocketbook
- This ECHO program has received financial support from Health Canada in the form of a contribution program.

Facilitator/ Presenter Disclosures:

- Holly Finn: Employed by Pallium Canada
- Christel Webb: Nothing to disclose

Mitigating Potential Biases:

- The scientific planning committee had complete independent control over the development of course content.

Welcome and Reminders

- Please introduce yourself in the chat! Let us know what province you are joining us from, your role and your work setting
- Your microphones are muted. There will be time during this session when you can unmute yourself for questions and discussion.
- You are welcome to use the chat function to ask questions and add comments throughout the session
- This session is being recorded and will be emailed to registrants within the next week.
- Remember not to disclose any Personal Health Information (PHI) during the session

Session Learning Objectives

Upon attending this webinar, participants will be able to:

- Describe the role of the nursing discipline in palliative care
- Use palliative principles into your own nursing practice
- Identify strategies for effective collaboration across the palliative care continuum including with all professions, and timely referrals
- Recognize how best to support and validate clients and colleagues during difficult situations
- Identify the psychosocial and spiritual aspects of palliative care both for the clients and nurse.
- Illustrate case studies to address nursing specific challenges collaboratively

Palliative Approach

- What is palliative approach?
- What are the client's goals or wishes?
- What interventions are within the palliative approach continuum?

Nursing Discipline Role

- Advocating for client choice/wishes
- Education for client, family
- Advocate/refer for other discipline's involvement
- Manage symptom burden with medication and interventions
- Assist client with ADLs, medications, feeding, psychological needs
- Support during changes/ transitions
- Grief support for client and family

Palliative Approach and Nursing

- Supporting and advocating for client choice and goals
- Opening up the discussion about palliative care goals
- Evaluation of interventions and alignment with palliative approach principles collaborating with client
- Referral to other disciplines: OT/PT, SLP, RT, Social Work, Dietician, Spiritual Care

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Case Study # 1

- 65-year-old with End Stage Renal Disease, Hemodialysis 3 x week in home, currently hospitalized after a Dialysis line infection. Overall stable but no longer able to function at same level prior to hospitalization, Hemodialysis required 5 x week now and will have to travel to Hemodialysis appointments. Client expressed to nurse, doesn't want to continue with Hemodialysis.
- What is nurse's role/responsibilities?
- What could the palliative approach look like for this client?
- What can do to support this client? Referrals?

Across the Palliative Approach Continuum

- Initiating palliative approach earlier more beneficial to overall wellbeing
- Client choice guide
- Goals and outcomes reviewed at intervals and after changes
- Not static, very dynamic
- Not same plan for everyone or disease process- Individualized

Examples of Resources Across Continuum

- Occupational Therapy
- Physiotherapy
- Speech Language Therapy
- Dietician
- Social Work
- Respiratory Therapy
- Palliative Care Clinicians/Specialists
- Spiritual and or Religious Supports
- Ethicists
- Palliative Care Organizations

Case Study #2

- 89-year-old male in long term care facility with Dementia, with dysphagia, he has dramatically decreased his intake over last few weeks.
- What are some things to consider with this client?
- Are there any referrals to consider?

Support Required Along the Continuum

- Effective Communication
- Education throughout continuum for clients and families
- Grief and loss support
- Resource leverage
- Caregiver and professionals support
- Referral for additional supports
- Cultural considerations/supports

Psychological Aspects

- Impact/meaning of impending/actual death for everyone involved
- Client choice/wishes
- Individual beliefs and assumptions
- Grief and loss over time
- Coping mechanisms
- Past trauma or experiences

Case Study # 3

- 35-year-old, mother 2 children 3 and 5 years old, spouse involved, parents involved, Colorectal cancer diagnosed 12 months ago, chemo treatment and surgery done, client declined further treatment, palliative approach chosen by client.
- What could be factors with this case that may impact individuals involved in this care circle?
- What can be done to mitigate or address the possible psychological impacts of this individual's trajectory?

Supports for Clinicians

- Communication in real time-debriefs, case review
- Supporting each other
- Allowing time for reflection
- Accessing organizational/ formal supports
- Grief support formal/ informal

Take Aways

- Client choice/ wishes paramount
- Early palliative approach beneficial
- Advocate for interdisciplinary involvement
- Grief affects more than just clients, families, affects all involved
- Support for all individuals is key

Q & A



Session Wrap Up

Session Wrap Up

- Thank you for joining us!
- Please fill out the feedback survey following the session—a link has been added into the chat!

Thank You



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